

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 5 January</b>				
<b>Ped day!</b>	Penne pasta salad with chicken and spinach  Egg salad sandwich	Couscous salad (c hickpea, mandarin)  Cold platter (potato salad, charcuterie and cheese)	Roastbeef Sandwich  Rice Bowl chicken, pineapple cucumber	Ham macaroni salad  Steak and Cheese Sub
	Yogurt	Muffins	Caramel dessert	Cookie
<b>Semaine du 12 janvier</b>				
Cheeseburger Pasta Salad  Ham, cheese sandwich and vegetable	Steak and cheese sandwich  Pasta salad with chicken and pineapple	General Tao Tofu Sandwich  Poulet rouge style rice bowl, cheese, vegetables	Chicken strips sandwich  Ham wrap	Breakfast platter (Yogurt, creton, granola and fruit)  Turkey Bacon, lettuce, BBQ Mayonnaise Sub
Yogurt	Muffins	Cookie	Applesauce	Crumble
<b>Semaine du 19 janvier</b>				
Asian pasta Salad (Pork)  Turkey wrap with maple mayonnaise	Ranch chicken sandwich  Chicken salad, mini pita, grape, cheese	Meatball Sub  Smoked meat sandwich	Pork wrap with mustard sauce  Poke bowl general tao	<b>Ped day!</b>
Muffins	Banana bread	Cookie	Applesauce	
<b>Semaine du 26 janvier</b>				
Chicken caesar salad pasta  Cold cut meat sub	Ham wrap  Naan bread, egg salad, cheese, fruit platter	Turkey and bacon Sandwich  Chicken Caesar Salad	Falafel sandwich with tzatziki sauce  Ham pasta salad	Tuna salad, mini pita, grapes, cheese cube platter  Pizza Wrap
Applesauce	Muffins	Crumble	Yogurt	Jello



Meal, Beverage and Dessert

**\$6.75+taxes**

The caterer reserves the right to modify the menu without notice.

To order:

[www.laboitealou.com](http://www.laboitealou.com)  
[louisianehovington@gmail.com](mailto:louisianehovington@gmail.com)

Replacement meals available at all times: Breakfast plate  
 Pizza Sub  
 Ham sandwich

# School Caterer 2025-2026

## Operation

- Go to the website [www.laboitealou.com](http://www.laboitealou.com) Select your school and choose the desired meals according to the date and add it to the cart, make the payment
- You always have 2 choices: meal #1, the top one on the menu and #2, the bottom one (the choices are made by clicking on the desired date)
- Mention your child's name, school and lunchtime educator or group in the payment form in the space indicated.
- No subscription needed, you order whenever you want.
- Each meal includes the main course, a dessert and a beverage (milk, chocolate milk, vegetable juice, fruit juice alternately)
- Orders are possible until 8 a.m. for the day's dinner
- We are able to manage allergies/dietary restrictions, please mention your child's restriction at the time of ordering
- **For ecological reasons, parents should provide your child's favorite utensils and condiments**
- Delivery is made directly to the school
- Order cancellations must be made by 9am on the same day by email.
- On stormy days or school closures, there is no service, the meals ordered will be refunded.

***We look forward to serving you!***

***The team of La boîte à Lou***

***1229 Des Érables Street***

***St-Lambert de Lauzon***