

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 5 January				
Ped day!	Penne pasta salad with chicken and spinach Egg salad sandwich	Couscous salad (c hickpea, mandarin) Cold platter (potato salad, charcuterie and cheese)	Roastbeef Sandwich Rice Bowl chicken,pineapple cucumber	Ham macaroni salad Steak and Cheese Sub
	Yogurt	Muffins	Caramel dessert	Cookie



Meal, Beverage and
Dessert

\$6.75+taxes

The caterer reserves the right to modify the menu without notice.

To order:

www.labotealou.com

louisiane.hovington@gmail.com

Replacement meals available at all times:
Breakfast plate
Pizza Sub
Ham sandwich

Semaine du 12 janvier				
Cheeseburger Pasta Salad	Steak and cheese sandwich	General Tao Tofu Sandwich	Chicken strips sandwich	Breakfast platter (Yogurt, creton, granola and fruit)
Ham, cheese sandwich and vegetable	Pasta salad with chicken and pineapple	Poulet rouge style rice bowl, cheese, vegetables	Ham wrap	Turkey Bacon, lettuce, BBQ Mayonnaise Sub
Yogurt	Muffins	Cookie	Applesauce	Crumble

Semaine du 19 janvier				
Asian pasta Salad (Pork)	Ranch chicken sandwich	Meatball Sub	Pork wrap with mustard sauce	
Turkey wrap with maple mayonnaise	Chicken salad, mini pita, grape, cheese	Smoked meat sandwich	Poke bowl general tao	Ped day!
Muffins	Banana bread	Cookie	Applesauce	

Semaine du 26 janvier				
Chicken caesar salad pasta	Ham wrap	Turkey and bacon Sandwich	Falafel sandwich with tzatziki sauce	Tuna salad, mini pita, grapes, cheese cube platter
Cold cut meat sub	Naan bread, egg salad, cheese, fruit platter	Chicken Caesar Salad	Ham pasta salad	Pizza Wrap
Applesauce	Muffins	Crumble	Yogurt	Jello

School Caterer 2025-2026

Operation

- Go to the website www.labotealou.com Select your school and choose the desired meals according to the date and add it to the cart, make the payment
- You always have 2 choices: meal #1, the top one on the menu and #2, the bottom one (the choices are made by clicking on the desired date)
- Mention your child's name, school and lunchtime educator or group in the payment form in the space indicated.
- No subscription needed, you order whenever you want.
- Each meal includes the main course, a dessert and a beverage (milk, chocolate milk, vegetable juice, fruit juice alternately)
- Orders are possible until 8 a.m. for the day's dinner
- We are able to manage allergies/dietary restrictions, please mention your child's restriction at the time of ordering
- **For ecological reasons, parents should provide your child's favorite utensils and condiments**
- Delivery is made directly to the school
- Order cancellations must be made by 9am on the same day by email.
- On stormy days or school closures, there is no service, the meals ordered will be refunded.

We look forward to serving you!

The team of La boîte à Lou

1229 Des Érables Street

St-Lambert de Lauzon